



♥ WHAT DO I BELIEVE: IDENTIFYING OUR CORE VALUES

with speaker, Judith Kahn

Please join Women Connect & Next Chapter for an event with Judith Kahn, Interim Director of NCJW MN for an interactive workshop identifying our core values.

Wednesday, March 11, from 6:30 - 8 p.m.
JFCS - 5905 Golden Valley Rd, Golden Valley

Personal values are fundamental to our identity, shaping how we perceive the world and interact with it. Values provide a sense of stability, allowing you to remain grounded even amidst difficult times.



This is a suggested 2-part event, however, attending part 2 is not required! During part 1 on March 11, participants will have the opportunity to identify the core values that can serve as guideposts in our lives. Participants will be invited to do some reflection in advance. Part 2 is where Judith will be available to assess our results and progress in person! Part 2 date to be determined on or shortly after the evening of March 11.

Join with other women in their 40s, 50s, and 60s to build community and form connections. Together we will learn, grow, and find belonging. We look forward to a meaningful evening together!



Registration is required prior to the event, pre-work will be sent one week prior.

[Register at jfcsmpls.org/events](https://jfcsmpls.org/events)

Women Connect & Next Chapter bring together women in their 40s-60s to build community and form connections in a fun and engaging way. All are welcome!

For questions, contact **Dori Gelfman** at dgelfman@jfcsmn.org or **952-542-4835**

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